

Brunby Newsletter

February 2022



**Community and Parish News
from Brundish and Wilby**

Local Services Directory

RECTOR	Revd. David Burrell	01986 798136
Associate Priest	Revd. David Mulrenan	07881 481745
Asst Curate	Revd. Christine Smart	01728 627838
Focal Minister (Brundish)	Sandra Apps	01728 628607
Focal Minister (Wilby)	Sheila Pipe	01728 723443
BRUNDISH PCC SECRETARY	Tina Smiddy	01379388298
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OIL	Rix Petroleum	0800 5424924
CINEMA	Priscilla Williamson	01379 388034
BRUNDISH HALL HIRE	Emma Henchoz	07774552820
WILBY HALL HIRE	Ian Taylor	01379 388112
POLICE	Community	01986 385300
WIRELESS BROADBAND	Fram Broadband	01728 726507
DEFIBRILLATOR (BRUNDISH)	Peter Palmer	01728 628696
DEFIBRILLATOR (WILBY)	VETS	01379 844704
DOCTOR	Framlingham Surgery	01728 723627
DOCTOR	Stradbroke Medical Centre	01379 388313
DENTIST	Framlingham Dental	01728 723651
VET	Framlingham	01728 621666
VET	Castle Framlingham	01728 723481
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TAXI	Ian's Private Hire	07825 001270
BUS LINK	Connecting Communities	01449 614271

From the Editor

January seems to have been, for the most part, unusually sunny and pleasant, and that's good with me! Our garden seems particularly full of birds at the moment, thrushes, bullfinches, long tail tits, spotty opposite alongside many others. January is the annual RSPB birdwatch month - I hope you managed to take part.

Hopefully, as the risks from Covid start subsiding, even though the actual numbers are up, we will continue to see activity in the villages increase. Wilby has a range of pub and food nights, Brundish is about to launch its own, and plans for the Platinum Jubilee are beginning to be made; you'll find more details in this edition - join in if you can!

I'm grateful to everyone who sends in letters, articles, pictures etc., it makes



editing the magazine so much easier when there's something to write about! This month, special thanks to Carol Darling for our new beekeeping spot.

Best wishes. Neil

e-mail brunbynewsletter@gmail.com

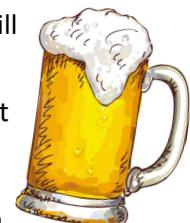
Pub Night in Brundish Village Hall

Following the much lamented loss of our village pub we are planning to start running pub nights in Brundish Village Hall. The first one is set for **Friday, 11th February, opening at 7:00pm**. If this is successful we will then plan for further, regular events.

The hall is small, characterful and has plenty of parking; we think it will make a great venue. We aim to offer a range of drinks including draught Victoria ale from Earl Soham Brewery, bottled beers, cider and wine along with Brundish's own Lane Farm bacon and sausages in baps and a few table games for people to enjoy.

We would love to make this a monthly event if it is adequately supported, so we hope to see you there!

Brundish Village Hall Team



Letters

A BIG THANK YOU.

Having fallen foul of the dreaded Omicron COVID bug last month, I wanted to say a big public thank you to all those people who, with the biggest and most generous hearts, helped me out whilst isolating. Living on your own is a problem if you can't get out to feed yourself and the people of this amazing village we live in came up trumps as ever.

I had so much help with shopping, soup lunches, little treats and copious phone calls, emails and texts...well, it was just astounding. But then, I shouldn't really be surprised as Brundish is just jam-packed with so many exceptional people.

To you all, and you know who you are, I send you my love and sincere gratitude.

David Mulrenan



Brundish Village Hall

Our hall provides an intimate atmosphere, perfect for social events such as parties or family gatherings, while our separate modern meeting style room is well suited to educational classes or meetings. Well equipped and furnished throughout, both main rooms have overhead projectors with screens and Wi-Fi. Call for more information.

Hire Charges

Brundish Resident/Parish Council

2hrs Hire- £20 Half day/evening - £30 Full Day - £60

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2hrs Hire- £30 Half day/evening - £40 Full Day - £80

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Poet's Corner

Go, lovely rose!

Go, lovely rose!

*Tell her that wastes her time and me
That now she knows,
When I resemble her to thee,
How sweet and fair she seems to be.*

*Tell her that's young,
And shuns to have her graces spied,
That hadst thou sprung
In deserts, where no men abide,
Thou must have uncommended died.*

*Small is the worth
Of beauty from the light retired;
Bid her come forth,
Suffer herself to be desired,
And not blush so to be admired.*

*Then die! that she
The common fate of all things rare
May read in thee;
How small a part of time they share
That are so wondrous sweet and fair!*

Edmund Waller

Edmund Waller, 1606 - 1687

Born in Buckinghamshire as the eldest son of a wealthy landowner, Edmund Waller was educated at Eton and Kings College, Cambridge. He left Kings College without gaining a degree but instead went to Lincoln's Inn to study law. He was elected to parliament at the early age of sixteen, and wrote his first verse at the age of nineteen. In his political career he gained a reputation for brilliance as an orator. Although he was committed to remaining politically moderate in the troubled 1640's, by 1643 he had become a convinced Royalist and was involved in a plot to seize and secure London for Charles the first. The plot was uncovered and despite an eloquent appeal in his own defence, Waller was fined, imprisoned and ultimately exiled. He was eventually allowed back in the country in 1652 and then returned to parliament.



BRUNDISH COFFEE MORNING

Our next coffee morning at Brundish Village Hall will be on **Thursday 3rd February** from 10am to midday.

Come and join us for coffee, home made cake, fantastic Lane Farm bacon butties and a chat. Everyone is welcome - we're very friendly and it's a great social occasion!



The Beekeeper's Diary

Having been asked to write a short article for the magazine on a regular basis, I thought that readers might like to hear what bees get up to over the course of a year. The easiest way for me to do this is to introduce you to my apiary, and this is a good time of the year to begin.



I have five hives at present. The number can fluctuate as the year goes by, colonies can be lost during winter for many reasons, lack of food, failure of the queen, invasion by mice or other unwanted visitors. New colonies can be created during spring and summer, by division of strong ones or collecting swarms. All my hives seem to be doing well, and I am hoping to go into Spring with five active colonies.

2021 was a somewhat confusing year for bees as well as for us, and autumn slid so gently into winter that the bees kept flying well into December. So, what has been happening since the bees finally decided that winter was here? The worker bees, which are all female, spent December clustered in the warmest part of the hive around the queen, protecting her from the cold and keeping her fed and groomed. The queen will ensure that there are plenty of young bees going into Spring. The colony is now much smaller than during the summer, probably between 10,000 and 15,000 bees. At full strength the population could be between 40,000 and 60,000.

Amazingly, somewhere around the time that you are recovering from Christmas and celebrating New Year, the queen bee begins to lay eggs. Possibly even more impressive is that the worker bees, by vibrating their wings, raise the temperature within the hive to between 33°C and 36°C to incubate the eggs.

We are now into February. The hive populations are rising steadily, and young bees will be venturing out on warm sunny days foraging on Spring flowers such as Crocus, Mahonia, winter Honeysuckle, Hellebores and Viburnum; taking back nectar and pollen to replenish the diminished supplies. This is the time the beekeeper has been eagerly awaiting, when it is warm enough to open the hives and check to see what is happening. Hopefully there will be an active queen, plenty of brood, (eggs and larvae), and a healthy population of young worker bees. If so, all is well.

Bee fact: Did you know that there are no male bees (drones) in a winter hive? They will have been driven out by the worker bees during the autumn months. No precious stores to be wasted on the drones!

Carol Darling, Wilby



Brundish Film Night

10th FEBRUARY 2022 - THE COURIER

Our first film of the new season will be shown on Thursday 10th February 2022.

THE COURIER is a true-life spy thriller, the story of unassuming British businessman Greville Wynne (Benedict Cumberbatch) recruited into one of the greatest international conflicts in history. At the behest of the UK's MI-6 and a CIA operative (Rachel Brosnahan), he forms a covert, dangerous partnership with Soviet officer Oleg Penkovsky (Merab Ninidze) in an effort to provide crucial intelligence needed to prevent a nuclear confrontation and defuse the Cuban Missile Crisis. Certificate 12A.

*"The best Cold War thriller I have seen that I fully understand. Admittedly, the field is small. "**Deborah Ross, The Spectator***

To reserve your place please telephone Priscilla Williamson on 01379 388034 or email priscillaawilliamson@gmail.com

From our Cookery Editor

Something a little different this month!

I love the flavour of home-made marmalade and, every time I make it, it strikes me that the delicious tart flavour of those Seville oranges has great potential for use in other things - for example they can be used as a substitutes for lemons or limes. That in mind, for this edition, I have come up with Seville Orange Curd. It's simple to make, and delicious with so much more tangy flavour than you'd get by using ordinary oranges. Try it anywhere you might use lemon curd, it's great in a chocolate tart or maybe even on some crumpets...!



I used to like marmalade, but now I prefer Seville orange curd....

Seville Orange Curd

Ingredients

- 100g sugar
- 50g butter
- 2 eggs, beaten
- 4-5 Seville oranges, zest of 2 and juice (remove the pips)

Method

Put the orange zest, juice, sugar and butter in a small saucepan over a very gentle heat. Stir occasionally until the butter has melted. With a small whisk, stir in the beaten egg and turn up the heat a little to low/medium. Keep gently whisking the mixture over the heat for around 10 mins until thickened like custard.

Pour the cooked curd through a chinois or sieve into a clean jug to remove the zest, squeezing the pulp to get as much curd as possible, then pour into sterilised jars. Keeps in the fridge for up to 2 weeks. Makes 1-2 small jars.

And one for our junior chefs!

These take a little while to prep and cook, so an ideal fun project for the half term holiday. Please remember to be careful when handling the hot ring when turning out your cooked crumpet and don't threaten any siblings with the sharp knife!

Crumpets (makes 6-7)

Ingredients

- 85g plain white flour

- 90g strong white flour
- 7g dried yeast
- $\frac{1}{2}$ tsp sugar
- 175ml warm milk
- About 100ml cold water
- $\frac{1}{4}$ tsp bicarbonate of soda
- $\frac{1}{2}$ tsp salt
- Oil for cooking

Method

Crumpet Batter...

1. Put the both flours into a large mixing bowl and stir in the yeast. In a jug, dissolve the sugar in the warm milk and pour onto the flour.
2. Using a wooden spoon, stir the dry ingredients into the liquid and beat for 3 minutes, until your arm aches to create your crumpet batter. Cover the bowl with a clean tea towel and leave to stand for 1 hour or until the batter has risen and just beginning to drop back.
3. When ready, mix 75ml water with the bicarbonate of soda and salt. Stir this into the batter until evenly combined. Gradually stir in as much of the remaining water as needed to obtain a thick dropping consistency.

How to bake your crumpets...

1. Place an oiled metal biscuit cutter about 8-9cm across, into the middle of a frying pan, which has been wiped with a little oil. Oil the cutter and pan between each crumpet, use a crumpled piece of kitchen paper.
2. Pre-heat a griddle or frying pan on a hob on a medium-low heat setting
3. Use a measuring spoon or ladle to drop approx. 60g batter into the cutter and cook for 6-8 minutes. The bottom of the crumpet should be brown and the rest almost cooked through. You can pop the bubbles on top with a skewer to see when they stay open.
4. Carefully lift the ring off the crumpet, you may need to release it by running a sharp knife around the edge, gently turn the crumpet over and cook the top for a couple of minutes. Lift out and allow to cool on a wire tray.
5. Repeat the above to make as many as you can, there should be 6-7 crumpets.

Toast and enjoy with butter!





Platinum Jubilee Celebrations in Brundish

We have an embryonic plan for Brundish to hold an event on the village green over the Jubilee weekend, probably along the lines of our village fete with stalls, games, food and entertainment etc. The green, by that time, will have its newly refurbished seating area completed, and will hopefully look worthy of the event.

We shall be holding a meeting on **Wednesday, 16th February at 19:00** in the Village Hall to fix the date, discuss ideas and start making plans for the day. **Everyone is welcome to come**, whether to just hear what is going on, give ideas, or perhaps to offer help in some way either in planning or running whatever we decide to stage.

This event is all about coming together in our small community and having a bit of fun, so we hope that as many of you as possible will be able to support it in one way or another. *Please support your village and this event!*



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"Connecting People with Nature"

Charlotte's Wood is an oasis of calm situated on the outskirts of Wilby. It comprises cottage and gardens, two luxury holiday lodges, a wooden cabin and 2.5 acres of private woodland. Charlotte, a former primary headteacher, is a qualified Forest School Leader and FSA endorsed trainer who facilitates various woodland activities to encourage people to 'connect with nature'.

Woodland activities:

- Little Woodies – Parent and Toddler Forest School on Friday mornings during term time
- Wild Wood Holiday Club – for children aged 4-11 years during holidays
- Woodland Birthday Parties for children
- Wild parties for Hens, Baby Showers, Birthdays and Team Days
- Forest Bathing and relaxation
- Christmas wreath making

Forest School:

- Level 3 Forest School Leader training
- Forest School Taster Days
- Woodland activity days
- PD and staff well-being days



Charlotte is a qualified British Nordic Walking Instructor and uses specially designed walking poles to teach individuals and groups the Nordic Walking technique which improves posture and gait, burns more calories (than normal walking) and relieves pressure on joints. It's a fun way of getting exercise outdoors that anyone can do.

Need extra space? At Charlotte's Wood we have two, luxury lodges (awarded 5 Stars and 5 Stars Gold by 'Visit England') available to rent for breaks and longer stays all year round. One sleeps four and the other two people. We also have a log cabin situated on the edge of the woodland for those who want to get closer to nature; and options for camping too!





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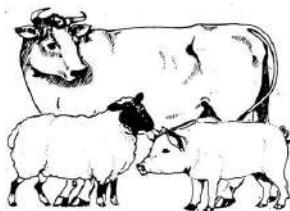
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ST LAWRENCE, BRUNDISH AND ST MARY'S, WILBY PARISH NEWS



**The Rector David Burrell
The Rectory, 15 Noyes Avenue, Laxfield IP13 8EB
Telephone: 01986 798136
e-mail: theparsnips@googlemail.com**

From the Rector

I hope you all had a very good Christmas which sadly has come to an end and the world seems empty and back to its old grey aspect again.

It is strange how Christmas has become so important especially in a world where it is easier to hate your neighbour than love them. This is what causes wars, and suspicion between peoples who hold differing views and beliefs. There are religions and peoples in this world that it seems are looking for things to get upset about, and once upset it seems blood-shed is the only way to appease them.

Christmas has grown to include something greater, it has become a festival for all, a time when those who would not darken the door of a church during the year will come and sing carols or at least enjoy hearing them on Classic fm. Christmas is the only time of year when the good memories outweigh the bad and where everyone makes an effort to be nice.

Christmas above all things is an expression of love; love so great that, even if you cannot believe in the story behind it, like a cup running over it spills out and includes everyone. What makes Christmas for me is the celebration of midnight mass on Christmas Eve. But I can remember as a little boy sitting up looking out of my bedroom window hoping beyond hope to see Father Christmas fly by. I never did see him but when I got up in the morning the evidence that he had been was plain to see, the empty whisky glass, the mince pies half eaten and the carrots taken, not to mention the presents under the tree. Christmas is a magical time of year and made more so by the decorations and tree lights. At Christians we believe that the love that was given was God's love and as such is unfathomable, far be it from me to say only Christians are included in that love.

We are now at the beginning of a new year wouldn't it be wonderful if we could simply keep a little, or a lot, of that Christmas love in our hearts throughout the year. Because I believe God so loved the world that he sent his only son into the world that through him all might be saved. A love so great is worth celebrating even when it's not Christmas.

David

Congratulations to Jill Stevens, winner of our Carol Competition!

Church Services for February

February 2022	6th Epiphany 5	13th Epiphany 6	20th Epiphany 7	27th Transfiguration
	Isaiah 6:1-8 (9-13) 1 Corinth 15:1-11 Luke 5:1-11	Jerem 17:5-10 1 Cor 15:12-20 Luke 6:17-26	Genes 45: 3-11, 15 1 Cor 15:35-38, 42-50 Luke 6:27-38	Exodus 34:29-35 2 Cor 3:12-4:2 Luke 9:28-36, (37-43a)
St Nicholas Bedfield	10.30am Holy Communion CS	10.30am Family Service CS		10.30am Morning Prayer DM
St Lawrence Brundish	9am BCP Holy Communion DB	10am Village Worship SA		10.30am Holy Communion CS
St Mary Cratfield		6pm Evensong DM	9am Village Worship CM	9am Holy Communion DB
All Saints Laxfield	10.30am Celtic Morning Service LE	10.30am Holy Communion DB	10.30am Holy Communion RO	10.30am Fourth Sunday Worship FS Team
St Peter Monk Soham	11am Family Service RA	11am Morning Prayer RA	11am Holy Communion RA	11am Morning Prayer RA
St Ethelbert Tannington	11am DM Holy Communion			
St Mary Wilby	10.30am Village Worship SP	10.30am Holy Communion DM	10.30am Village Worship SP	10.30am Morning Prayer DB
St Mary Worlingworth		11am Let's Celebrate LE	11am Holy Communion DM	11am Morning Prayer LE
Online Zoom Services	10am RO Holy Comm		3pm SP/CS Family Service	
	Also Celtic Prayer - 7pm Weds, 9am Fridays To join us, email rev.chrissiesmart@gmail.com and Revd Ron Orams on mcbop@btinternet.com and you will be sent details			

Church News

Carol Service

A bit of a time ago now but it was wonderful to be able to have a Carol Service once again on Christmas Eve. We'd had a few setbacks before, Covid apart, when Michael, our musical director, injured his back and couldn't play the organ for us.

We were delighted therefore when Chris Butler stepped in and just got on with it with hardly any notice. Add the Rector's academic hood going up in smoke from the Advent Candle stand and Joseph losing his head before the journey to the crib and you can see why Brundish's nickname is Dibley-on-the Plain! (Joseph has had some major surgery with Bostik so happily he will make an appearance again next Christmas!)

Everyone was in fine voice and the evening ended on a positive note for Christmas. Let's hope all will be well in the world by the time Christmas comes around again this year.

David Mulrenan



Mothering Sunday Service

Our Lay Elder, Sandra Apps will be leading a Mothering Sunday Service on Sunday, **27th March for 10 a.m.** at St Lawrence's, Brundish.

There is always a little something for Mums as part of the proceedings and the service is of a light touch and short duration to attract our families. Sometimes our youngsters get a job to do, like at Christmas.

You will all be very welcome.



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News from Wilby School

Cross curricular learning-China-Celebration Assembly-February 23rd-2.30pm: To start this new year and in preparation for the Chinese New Year, our whole school topic is China. We have invited a group of professional Chinese Ribbon Dancers to work with children across the school for a full day. In addition to this in Design Technology/ Art the children are creating dragons and they will be performing dragon and ribbon dances and sharing a range of their cross curricular work on the Chinese New Year with parents at a special performance assembly on February 23rd.

Sporting news: The school now has sports 'houses' so that we can hold intra-school sports events. On Thursday 25th of January children across the school came out to support and cheer on their house football team. Next term we will be holding intra school netball competitions. Due to the appointment of our new school Sports Lead and the increase in sporting opportunities available in and beyond the school day we are delighted to report that 88% of our pupils attend at least 1 hour of additional sports activities in addition to two hours of sports activities provided within the curriculum.

Church School links: Following on from our Remembrance Service in December, our Experience Advent Day and the school Carol Service in December, this term we have celebrated Epiphany, Christingle and Candlemas. Supported by the Discovery Team from St Edmundsbury cathedral the children have engaged in a whole range of practical activities and church services designed to help them experience and understand these key events in the church calendar. *Please do join us for our Easter service at 2.30pm on Thursday March 29th at St Marys Church in Wilby.*



Arts, Music and Drama: The term finished with a brilliant production of Ralph the Reindeer by Wren Class (pictured below). This term pupils across the school have produced some amazing art work which will entered into the Young Art East Anglia (YAEA), a competition and exhibition of children's art raising funds for Cancer Research UK.

Multi-cultural links: Before Christmas Kingfisher Class visited the Bond Street Mosque in Ipswich and this term we are being visited by Dr Sushi Sumi who will be telling

Owl Class more about what it is like to be a practising Hindu. On Friday 2nd March we will also be celebrating Holi day which is destined to be a highly colourful event!

Author Julia Jarman visit February 28th: To celebrate World Book day we have invited the international children's author Julia Jarman into school. Julia will be working with all ages across the school and she will also be leading a short whole school introduction to her books and work as an author at 9 am on February 23rd. Please do join us for this event and stay behind afterwards for book purchase and signing.

Growth Mindset-visit <http://www.wilbyprimary.org.uk> to find out more: Last term all of our children took part in a series of Growth Mindset Lessons. Our parents, teachers and TAs also received training about what growth Mindset is and how to help our children to develop this approach towards their learning. The children love it and as a staff we have really noticed how much more positive and confident their attitude is when facing challenge in their learning. To find more out about this approach to learning please visit our school website where you can download information including our detailed Parents growth Mindset Leaflet and follow further links to videos etc.

Roisin Wiseman (Head teacher) and the Wilby staff

Update from Wilby Parish Council

The Council met for a routine meeting on 5 January 2022 in Wilby Primary School courtesy of the Head Teacher. Points of interest discussed included the following:

Children's Play Area – Church Close

In the light of a formal response from Orwell Housing Association stating that they were unable to support the provision of a play area within their Church Close development, the Council reviewed the position. Having regard to Orwell's ownership of the site, the lack of significant support for the proposal amongst Church Close residents and the few children resident in Wilby likely to use the play area, the Council concluded, with regret, that the proposal should not be pursued further.

Planning Application – Willow Farm

Council supported a planning application for the redevelopment of the former farm buildings at Willow Farm to provide a six bedroomed dwelling, this being consistent with the Wilby Neighbourhood Plan and importantly preserving an historically important barn. The farmhouse was not included in the application and is being handled separately by the current owners.

Speed Camera

The application for inclusion in the Automatic Number Plate Recognition (ANPR) scheme being mounted by Suffolk Police is being pursued with a view to the device being installed temporarily on the B1118 outside Church Close.

School Safety Measures

The Council committed to working with the School to support the provision of additional safety measures to safeguard pupils and parents arriving at and leaving the school.

Budget 2022-2023

The Council approved its planned budget for 2022-2023, details of which will be shown on the Parish website in due course.

The Queen's Platinum Jubilee

The major event in Wilby is likely to be a Village Tea Party to be held on Saturday 4 June 2022 in the Village Hall, supported in particular by the WI. This will include special activities for children. It is expected that other village organisations will hold their own events to mark the Jubilee.

New Email Addresses

From 1st February 2022 the Council's email account will be hosted by Community Action Suffolk. As a result the contact email addresses for Parish Councillors will change to the following:

steve.lee@wilbypcsuffolk.org.uk
robin.cross@wilbypcsuffolk.org.uk
karen.collins@wilbypcsuffolk.org.uk
rebecca.regis@wilbypcsuffolk.org.uk
ian.williamson@wilbypcsuffolk.org.uk

The Parish Clerk, Julie Collett, can be contacted at

Julie.collett@wilbypcsuffolk.org.uk or at wilbyclerk@outlook.com

The new email addresses shown should be used for communication with, from and between Councillors and Clerk on Council business, rather than their private email addresses, to ensure adherence to the General Data Protection Regulations.

Next Meeting

7pm on Wednesday 2nd March 2022 In Wilby Primary School.

All are most welcome to attend.

News from Wilby Coronation Hall (WCH)

Pub nights at Wilby Coronation Hall are up and running throughout 2022 on the **first and third Friday of every month** when the bar is open between 7.30 and 11pm. The bar is also open to all **every Wednesday evening until May** as it's the night when our village pool team play. If you would like to join the pool team, please contact Ian Taylor: iantaylor1961@hotmail.com.

Up and Coming Foodie Nights

The first Friday of each month is Foodie Night when 'The Coconut Monkey' take over the kitchen at the hall and serve a delicious and reasonably priced one or two course themed menu.

There are still a few spaces available for the fabulous Chinese New Year Banquet planned for Friday 4th February. Further information and booking details below.

Chinese New Year Banquet

Friday, 4th February 2022 @ 7.00pm

A selection of Oriental inspired dishes to celebrate the Year of the Tiger

Vietnamese Pho (v)

Bang Bang Cauliflower (v)

Tamarind and Honey Glazed Meatballs or Quorn, Lemongrass and Chilli Lettuce Wraps (v)

Five Spice Roasted Pork Belly

Braised Chicken with Shitake Mushrooms

Or

Malaysian Vegetable Curry (v)

Stir Fried Mushrooms (v)

Special Fried Rice

Braised Asian Greens

Lime Ginger and Mango Pudding

£25 per person

To make a booking please contact us at:

E: coconutmonkeycatering@hotmail.com / T: 07950 372672

All dishes are freshly made. Please inform us of any allergies prior to ordering

On **Friday 4th March** a Moroccan feast is on the menu, see opposite...

Advance bookings can be made by contacting Gary:

coconutmonkeycatering@hotmail.com

Unfortunately, we had to cancel the Family Foodie Night we had planned for 21st January due to a lack of bookings. This was disappointing as in our most recent

village survey ‘more activities for families’ was something that a number of respondents asked us to consider. It might be the time of year, the prevalence of Covid or some other reason but if you have children and would like to bring them to a family foodie night in the future or if you have any other suggestions for family activities that you would like to see at the hall, please get in touch with Charlotte:

head@charlotteswood.co.uk

The Marrakesh Express

Friday 4th March 2022 (6.30pm to 7.30pm)

Beef Kofte Burger
Spiced Beef, Toasted Bun, Tabouleh, Harissa Yoghurt

Chicken, Chickpea and Preserved Lemon Tagine
Jewelled Cous Cous, Minted Yoghurt, Pide

Braised Smoky Aubergine and Tomato Zalouk (v)
Jewelled Cous Cous, Minted Yoghurt, Pide

Cardamom and Rosewater Delight

Main Courses £10.00 / Child Portions £5.00 / Dessert £4.00
All orders to be placed by Tuesday 1st March 2022

Up and coming Pizza Pub Nights

On the third Friday of each month the Suffolk Wild Flour Pizza Bar serve pizzas from their beautifully restored vintage horse box in the hall car park. These can either be eaten in the hall whilst enjoying a drink or taken away. The menu is shown overleaf and orders can be made in advance by telephoning **07921 512052** for collection between 6.30 and 8pm or you can walk up to order and collect between 8 and 8.30pm. The next **Pizza Pub Nights are on 18th February and 18th March.**

If you enjoy rugby and would like to watch the Six Nations on a Big Screen whilst enjoying a drink, our bar will be open from 2-7pm on Saturday 5th February and will screen the first two matches featuring all four home nations. Depending on how well attended this event is, we may be able to open for further screenings. Details of these will be posted on our Facebook page (<https://www.facebook.com/wilbycvh/>) and on Nextdoor.

Regular activities at the hall

The spring term programme of yoga with Maria started on Monday 3rd January 2022. Newcomers are welcome to join the class which is a gentle combination of Hatha, Vinyasa and Kundalini yoga on Monday evenings from 7-8.15pm. Classes are suitable for all levels from complete beginners to more advanced. The cost is £8.50 per week or £35 for a block of 5 sessions. For more information and booking go to: <https://www.mariamanlyyoga.com/>

Why not join the Village Hall Committee?

Our next committee meeting is at 7.30pm on Thursday 24th February in the hall and

all are welcome to attend. We would still really like to have representation from the school and it would be great if a young person (aged 12-18 years) could join us to provide a voice for the youth in the village. If you know of anyone who might be interested, please contact our

Chairperson, Alison:
alisonemmataylor@gmail.com.

With best wishes and thanks for your continued support from all the committee.



Wood-Fired Handmade Neapolitan Style Pizzas

Margherita (v) £7

Italian Tomato Sauce, Mozzarella, Basil

Americana £8

Italian Tomato Sauce, Mozzarella, Pepperoni

Pizza Formaggio £8

Italian Tomato Sauce, Mozzarella, Goat's Cheese, Italian Hard Cheese

Caprini (v) £8

Italian Tomato Sauce, Fresh Garlic, Goat's Cheese, Red Onion Picante £8 (HOT)

Italian Tomato Sauce, Mozzarella, Pepperoni, Red Onion, Fresh Chilli

Marinara (HOT) (vg) £6

The Original Pizza Of Naples!!

Italian Tomato Sauce, Oregano, Fresh Garlic, Fresh Chilli, Basil (NO CHEESE)

Garlic Pizza Bread (v) £4

Garlic & Mozzarella Pizza Bread (v) £5

A Little Extra Topping??

Red Onion, Olives, Fresh Chilli, Fresh Garlic,

Mozzarella, Ham, Mushrooms, Pepperoni, Grated Italian Hard Cheese (all +50p)

Vegan Cheese, Goat's Cheese (+£1.50)



Wilby (& Brundish) Women's Institute

We meet on the 3rd Thursday of each month at Wilby Village Hall from 7pm.

We are a friendly bunch and have a wide range of activities taking place outside of our monthly meetings. If you would like to come and see what it is all about, give our Secretary a call, you will be very Welcome!

Mrs Alison King, Secretary Wilby WI

07711 281584

Or contact Alison on alisonemking@gmail.com for details of membership and receiving our latest WI Newsletter.

I keep seeing on the news that my bills could be going up soon. It's making me really worried, especially as I spent more on Christmas than I should have done. How can I get my spending habits back on track in 2022?

A lot of people will be asking themselves this question right now. The good news is there are lots of things you can do to be more in control of your money and better prepared for the future.

Firstly, find out exactly what money you have coming in and going out each month. Be realistic about what you need for essentials like food and travel. Then you can set yourself a budget that you can stick to - take a look at the budgeting tool on the National Citizens Advice website to help you do this. This can be found at [citizensadvice.org.uk/debt-and-money/budgeting](https://www.citizensadvice.org.uk/debt-and-money/budgeting).

If any of your bills do go up in the coming year, you can go back to our budgeting tool anytime to create a new plan and stay in control. The website also has tips on how to reduce your regular living costs which you may be helpful if you find you have more money going out than coming in at any point.

If you've been using credit cards, your overdraft or store cards for your spending, it's understandable if these debts are causing you worry. It's important to prioritise paying your rent or mortgage, plus energy bills and Council Tax. Not paying these has the most serious consequences. If you need further support on this, our advisors can explain which bills you need to prioritise and the support available for paying these and other bills. We can also make sure you're getting all the income you're entitled to, such as benefits or government grants.

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, employment, benefits and family law. You can contact us on 01449 676060 or use the contact form at midsuffolkcab.org.uk/contact-us. For more information and our opening hours go to midsuffolkcab.org.uk.

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Lisa Lohrum

Professional Mortgage Adviser

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- PORTING MORTGAGES
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- LET TO BUY
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Whatever your mortgage needs, I'm here to guide you through it from start to finish!

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For all enquiries, contact Stephanie on:

Phone: 07787154143

Email: stephanie.a.harvey01@gmail.com

Events Diary

- Friday 4th February 2022, Chinese New Year Banquet, Wilby Village Hall
- Friday 11th February, 7.00pm- First Ever Pub Night! Brundish Village Hall
- Wednesday 16th February, 7.00pm - Platinum Jubilee Meeting
- Wilby Pizza Pub Nights - 18th February and 18th March
- Friday, 4th March - Moroccan Feast at Wilby Village Hall

To add your local event to this diary email brunbynnewsletter@gmail.com



Dusk on a lovely clear evening at Brundish Church, a full moon just peeping through the trees

Publishing Deadlines

Please send any contributions **no later than the 23rd of the preceding month.**

Advertising in this newsletter is cheap, effective and helps support its production costs.

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