

# St Lawrence's, Brundish & St Mary's, Wilby

June 2018  
July 2018

## Parish Magazine

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'Brunby and friends'**

Supported by community donations and advertising revenue

## LOCAL DIRECTORY

RECTOR	Rev'd David Burrell	01986 798136
PRIEST	Rev'd Ron Orams	01986 798901
BRUNDISH PCC SECRETARY	Tina Smiddy	
WILBY PCC SECRETARY	?	
OIL SYNDICATE	Tim Gillingham	01728 628752
OIL	Rix Petroleum	0800 5424924
CINEMA	Priscilla Williamson	01379 388034
BRUNDISH HALL HIRE	David Holliday	07765 345541
WILBY HALL HIRE	Ian Taylor	01379 388112
POLICE	Community	01986 385300
BROADBAND	Fram Broadband	01728 726507
DEFIBRILLATOR (BRUNDISH)	Peter Palmer	01728 628696
DEFIBRILLATOR (WILBY)	VETS	01379 844704
DOCTOR	Framlingham	01728 726507
DOCTOR	Fressingfield	01728 586227
DENTIST	Framlingham Dental	01728 723651
VET	Framlingham	01728 621666
VET	Castle Framlingham	01728 723481
GYM & SWIM	Stradbroke Fitness	01379 384376
PRE-SCHOOL	Occold	01379 678397
SCHOOL	Wilby Primary School	01379 384708
SCHOOL	Thomas Mills	01728 723493
SCHOOL	Stradbroke	01379 384387
LIBRARY	Framlingham	01728 723735
MILK DELIVERY	Milk & More	01493 660400
PUB	The Crown	01728 628282
TAXI	Country Cars	01728 724377
TAXI	Warnes	01728 724160
BUS LINK	Connecting Communities	01449 614271

## LETTER FROM THE EDITOR

Dear Reader,

Thank you everyone who has given us feedback. We really appreciate your kind words and helpful suggestions. We are also pleased that many people are happy with the new look, there were over 60 responses. Here are some of the things you said;

'Good little magazine'

'Like the diary of events'

'Good way to get community news 'out there'.'

'Most impressed with new look'

'Always have a go at the Sudoku' I know too many 7's I hope I sorted it!

'Preferred it monthly' We don't have enough copy for a monthly mag or enough time, it's also too expensive.

'Too many screamers!!!!!!!!!!!!!!!!!!!!!! Sorry!

We also don't mind if there is anyone out there who would like to take the magazine on. Just email us please.

Another subject I want to bring to your attention is 'The Local Plan'. It appears that this is not just an arbitrary exercise but is actually of some concern. Suffolk planners have drawn a boundary around Crown Corner and the pub, they say this area would be sustainable as a village. Currently we are classified as open countryside which has many advantages. There is much more to this than can be written here. If you want to know more contact Babergh county council, your local parish council and probably your councillor and MP. If you would like a housing estate next door to your house you need to let the whole process just carry on and your dream will come true. This an example for Brundish but is applicable to Wilby too.

This is your magazine and we will keep updating and adapting to make it as good as it can be. To keep it easy to read we try to keep regular features in the same place in each edition e.g. The rota for church services will always be in the centre pages.

Please keep the feedback coming, it is helpful.

### **Facebook**

Our Facebook page is going strong with 70 members. Please join **Brunby and Friends**, everyone is welcome.

Alison Hosford and Alex McNab

**EDITORS**

### **Contributors**

DEADLINE: 21st July 2018 — everyone is welcome to contribute

EMAIL: [brunbynewsletter@gmail.com](mailto:brunbynewsletter@gmail.com)

## LETTER FROM THE RECTOR

**Address:** The Rectory, 15 Noyes Avenue, Laxfield IP13 8EB  
**Telephone:** 01986 798136  
**Email:** [theparsnips@googlemail.com](mailto:theparsnips@googlemail.com)

Dear Friends,

In 1828 a priest named William Broughton, was sent out to Australia as Archdeacon. At the time it was part of the diocese of Calcutta but eight years later Broughton was named as Australia's first bishop. There are many stories associated with him that reflect his energy and spiritual leadership but I want to tell you about just one.

When the great gold rush came, although he was getting on in years, bishop Broughton joined himself on to the exodus. When he arrived at the diggings he drew a great crowd of miners for service on Sunday. He told them that on the following Wednesday at 6.00am, the building of their church would begin.

At 6.00am precisely the bishop attended by a large crowd of miners walked to the place where the church was to be built. He first delivered a truly inspiring sermon which he concluded by saying "he would set them an example of what it meant that they should dig together for the honour and glory of God." He picked up a spade and began to open the ground where the north-east support was to stand. The example was contagious; in a few moments all who could grab a spade, shovel or pick were digging also. Before 8.30am more than half the footings were dug, by midday the carpenters were at work, by evening the church was apparent in outline, by Sunday it was open and the bishop was able to consecrate it.

Broughton had not supplied the timber or the glass for the windows, in fact when he made the announcement on the Sunday before the only thing he had was a piece of ground, he didn't even have a spade! His action was one of great faith and belief that God will provide.

It must have been the same for the disciples after Jesus had ascended, how were they to continue? How were they to build this new church? The answer is faith in God that he will provide and he has been doing so since and continues to do so today. All Christians are the descendants of the disciples and we may ask how we can continue to build the church we are called to build. The simple answer is faith.

David

## LETTER FROM THE PRIEST

**Address:** Crane Lodge, Bickers Hill, Laxfield IP13 8DP  
**Telephone:** 01986 798901  
**Email:** ron.orams@btinternet.com

Dear Friends,

When I recently celebrated communion on Easter Sunday at Wilby, it was the wonderful occasion it always is, but for me it was tainted with sadness as it is the last time I will celebrate on Easter day as assistant priest and a member of the ministry team.

It was originally my intention to make this announcement in November, but as rumours are going around concerning my retirement I thought I better set the record straight.

The Church of England rules are that when a priest reaches the age of 70, he or she must, by law retire. Though I look as though I passed that milestone decades ago I am 70 next year, so accordingly I must retire from my position, though I will still be a priest. Also, I must withdraw from Benefice activities for 6 months.

However, before you breath a sigh of relief and think that it may be safe to return to church, read on... Once the period of six months has elapsed, I can and will, apply to the Bishop for what is called permission to officiate (PTO). If granted, this means that I will be given license to officiate at services again, but as a retired priest living in the Benefice, not as a member of the ministry team.

The good news is that by then, David and Rebecca will have been ordained as Deacons, so the ministry team will have grown not shrunk.

It is my intention to continue as an active priest in these parishes and God's own county of Suffolk for as long as I am able, and I look forward to many years ahead sharing Christian fellowship with you all.

With my prayers and best wishes,

Ron

**Tea at The Rectory.  
Every 1st Thursday of the month.**

Everybody is welcome at The Rectory on Thursday 7th June and Thursday 5th July from 3.00pm—4.30pm, for tea and to chat with the Rector.

## CHURCH NEWS

### St Lawrence's, Brundish

Church Wardens	Mig Bacon	01379 388808
	John Graham	01379 384444
Lay Elders	David Mulrenan	01728 628063
	Sandra Apps	01728 628607
	Michael Spencer	01728 724590

#### **Il Tenore and Forest Concert**

On 23rd June at 7.30pm in St Lawrence's, enjoy a fabulous evening of music with two exciting local artists with national reputations. Il Tenore, one of the fastest rising classical crossover stars in the UK, is receiving wide critical acclaim. Forest is currently studying for a masters in music industry management and has recently released her debut EP, *Origins*. Please contact Christine Smart on 01728 627838 for tickets, which are £10, and further details.

#### **David Mulrenan and Rebecca Artiss**

On Saturday 30th June, David Mulrenan and Rebecca Artiss will be ordained deacon in the Cathedral Church of St James, Bury St Edmunds at 11.00am. They have both spent many hours going through intensive training to get ready for the event. DB

#### **Choral Evensong. 1st July, 6.30pm at St Lawrence's.**

This will be a special choral service with the Chantry Singers to celebrate the ordinations of our two deacons, Rebecca Artiss and David Mulrenan.

#### **Benefice Communion, Confirmation and Licensing Service followed by a Parish Picnic. 29th July, 3.00pm at St Lawrence's.**

Our special guest for the day is The Right Reverend Martin Seeley, The Lord Bishop of St Edmundsbury and Ipswich, and if the record books are accurate, it has been over sixty years since a Diocesan Bishop has visited Brundish for a service so you can see this is a very special occasion. During the service the Bishop will confirm candidates from the Benefice, license our new Lay Elder, Christine Smart and formally introduce our new deacons for the Benefice, Rebecca Artiss and David Mulrenan. After the service there will be a "Bring and Share Picnic" in the churchyard if the weather is good, or inside the church, if not. Refreshments will be available. The Chantry Singers, directed by Michael Spencer who will be there too. This will be, quite probably, the biggest service we have had at Brundish in living memory and the only service in the Benefice for that day so please make a big effort to be there where you will be made most welcome, as always. DB

### **Wedding between Victoria Wingfield and Angelo Pereira**

A wedding took place at St. Lawrence's, Brundish on Saturday, 12th May between Victoria Wingfield and Angelo Pereira. Vicky originally hails from Laxfield, and her family still does. The service was conducted by the Reverend Ron Orams and there was a matrimonial mass (communion) after the marriage ceremony, somewhat a rare thing in modern times, but very moving. A highlight of the afternoon was when the best man, a professional illusionist, produced the bride's wedding ring from a fireball ignited by the lectern's candles. Spectacular! The weather was kind and the church looked, as usual, wonderful in all its floral, rural simplicity. We wish the happy couple the very best for the future.

### **Easy Fundraising**

St Lawrence's Brundish [easyfundraising.org.uk/stlawrencebrundish](http://easyfundraising.org.uk/stlawrencebrundish)  
t Mary Wilby [easyfundraising.org.uk/stmarywilby](http://easyfundraising.org.uk/stmarywilby)

### **Readers and Flowers**

If you could donate flowers from your garden for the church flower arrangements, it would be a great help. If you would like to be a reader or help with the flower arrangements, please contact Mig Bacon 01379 388808.

### **St Mary's, Wilby**

Church Wardens	Mary Pipe	01728 723443
	Rob Barber	01379 388040
Lay Elder	Sheila Pipe	01728 723443

### **Funeral of Judy Brundan**

We were saddened to learn of the sudden death of Judy Brundan on April 10th . A large congregation attended her funeral, which took place in Wilby Church on April 26th.

### **Drop in for Coffee**

Please drop into St. Mary's for coffee and a chat, from 10.00am-11.30am on Tuesday 19th June and Tuesday 17th July.

### **Lesson Readers**

Sunday 3rd June	Andrew Pilling
Sunday 17th June	Alex and Roger Gwyn
Sunday 15th July	John and Jassy Newton

**Baptisms** at Brundish, Saturday 7th July, 1pm, Gruffudd (Griff) Thomas Butler  
also at Laxfield, Sunday 8th July, 11am, Archie Ron Walker  
also at Worlingworth, Sunday 15th July, Ruby Joy Flatman

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## **FIVE... go for a Swim!**

As the alarm went off at 07:30, a new day dawned... but not any olde day... it was

### **Swimathon! at Stradbroke Swimming Pool – Sunday, 29<sup>th</sup> April 2018.**

Weeks of training (more like days!) were behind us all... the day of 'The Swim' had finally arrived.

**Five Ladies from Wilby (& Brundish) WI** had entered this event, namely: Fiona Patrick; Diane Palmer; Alex Gwyn; Clare Evans-Hendrick and Amanda Austin – also known as **Team: Wilby WI. 1000-Metres each** (50-lengths of Stradbroke Pool) was to be swum, totalling 5K/5000-metres.

An On-line Sponsorship Link had been set up & a staggering **£634** (as @ 29/4) **had been raised – in aid of Cancer Research & Marie Curie Charities** - to support and encourage the Team Wilby WI Swimmers to not only compete but also complete this event.

Upon arrival at the pool, Team Wilby WI Swim Hats were handed around - sponsored by WM Engineering Services Ltd (Brundish), and many – envious?! - comments of approval were made around the pool.

Sadly we missed meeting Duncan Goodhew (1980 Olympic Gold/Bronze Medal Swimmer) who visited Stradbroke Pool on the Saturday, but our WI Cheerleader: Pat Adams came along to aid pool-side support and give out coaching tips/after-swim recovery advice (Volterol was at the ready) together with Fiona's 'Therapist hands', if the need arose!

Swim Instructor Amanda Austin had swum this event before (got the T-shirt Swim Cap etc.) so it was decided she should go in first to complete our initial 50-lengths (1000m) leg, to allow the other team members to familiarise themselves with the event/lane etiquette and the counting of lengths etc. However unbeknown to Amanda, the first leg for most of the Teams were the Next Generation of future Olympians! - consequently Amanda was lapped by several 8-year olds!

A slick 'hand-over' to second leg Diane Palmer saw Diane 'cruise' her 50-lengths Breastroke with grace & style. Diane was also up against keen swimmers but swam convincingly to hand-over to our third leg: Fiona Patrick who, with Team Tactics ?!?, negotiated with Clare (Potash Barns) that they would split the next two legs of 24/26 lengths, to allow for a short recovery period.

However, 'The Rules' of the event were 'No Overtaking' (other than at the end of each end), and 'No Drifting across lanes'. The latter Rule however was inadvertently overlooked as two Yellow Cards were consequently handed out to Team Wilby WI, one to Amanda and likewise to Diane – perhaps more Tonic should be taken with our pre-swim drinks!!

Third leg Fiona went in very enthusiastically – perhaps a little too enthusiastic? – as she gulped in some water and needed to regain control of her (newly learnt) Frontcrawl stroke, and consequently from there on alternated between F/C and Breastroke - if only to recover and get back into a good swimming/breathing technique.

The second half of the 24/26 divide was handed over to Clare Evans-Hendrick who was "slightly delicate" from "a good evening with friends!" the night before, hence the Patrick/Evans-Hendrick tactics – but worked, as Clare swam a steady leg of Breastroke to hand-over to Alex.

Alex Gwyn (our Trump Card!) had been an ex-Competitive Swimmer (of International standard apparently) and 'knocked out' 50-lengths with ease and seemed to be as fresh when she got out, as when she went in! The initial crowded lanes of swimmers had become a little less and so Alex was able to complete her 50-lengths without much disruption and handed over again to Fiona for the remainder of her 1000m swim.

Having 'warmed up', Fiona 'high fived' Alex to complete her remaining 24-lengths on a mixture of Frontcrawl, Breastroke and ... Backstroke – which had been initially requested Not To Swim (for safety reasons) – we therefore decided Fiona swimming Backstroke was down to 'an age lapse of concentration'!

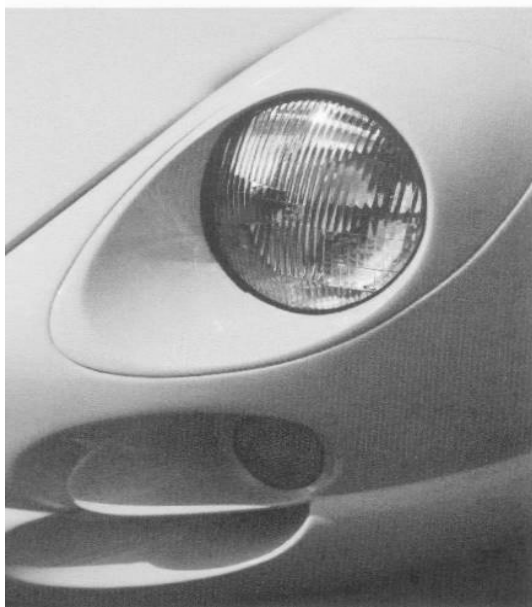
We were on the Home Straight...

Fiona handed over for the last time to Clare (who by this time had re-hydrated herself), and consequently swam her remaining 26-lengths with gusto and determination to finish. Team Wilby WI's last length of 5,000-metres was swum to a finishing 'rousing Cheer'!

**Team Wilby WI finished in a time of: 2-Hours, 32-Minutes**

- We may also have been the Oldest Team (tbc), cumulative: 301 Years!

**\*\* A BIG Thank you! to ALL our Sponsors/Supporters \*\***



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## **PARISH COUNCIL NEWS**

### **Wilby Parish Council**

Ian Williamson, Chair

01379 388034

Julie Collet, Clerk

01986 798258

### **Your Parish Council**

At the Annual Parish Council meeting on 2nd May, Councillors elected Ian Williamson as Chair and Steve Lee as vice Chair for the forthcoming year. We are pleased to have two new Councillors onboard, Karen Collins and Robin Cross who join Richard Woolgrove. Ian Taylor has sadly resigned due to other commitments including the huge amount of effort that he and Alison put in to making the Village Hall a valuable part of this community.

### **Women's Tour Cycle Event 13th June 2018**

This will be passing through our Parish. Stradbroke and Wilby are organising events, see the Coronation Hall website for more details.

### **Potholes**

The Council wrote to Suffolk County Council recently to express concern on the condition of our roads and are awaiting a reply. If you consider a pothole, rut, road sign or verge needs attention there is a County website [www.suffolk.gov.uk](http://www.suffolk.gov.uk) to report this. Please take the time to report problems and help make our roads safer.

### **Oak Trees Return**

Julian Roughton, our tree warden, has succeeded in obtaining permission from Suffolk County Council for the planting of some young oaks on the highway verge alongside London City Road. We now have interesting historical evidence that the roads about here were once lined with oaks, watch this space for more news!

### **Planning Applications**

A revised application for extension and alterations to Russell Lodge was supported by the Council. An application for an extension to Foals Green Cottage was not supported although there was no objection in principle to the property being extended.

### **Wilby Neighbourhood Plan**

Councillor Woolgrove reported that the process of selecting a consultant is well underway and we look forward to progressing the plan soon. Our willing volunteer group are ready to go! If you need information, wish to make a comment at any stage or would like to be added to the circulation list for communications (relating only to the neighbourhood plan) please contact one of the co-ordinators, Richard Woolgrove or Steve Lee.

**Annual Parish Meeting 9th May**

This was very well represented with excellent reports from County, District and Parish Councillors Guy McGregor, Julie Flatman and Ian Williamson, Roisin Wiseman of Wilby School, Alison Taylor on the Village Hall, Nancy Morton of Wilby WI and Richard Woolgrove on the Parish Neighbourhood Plan. Wilby PCC and The Mid-Suffolk Safer Neighbourhood Team couldn't attend and submitted their reports which were read out. Unfortunately not enough space here to report fully but praise was made and questions were asked, the APM is a good opportunity for Parishioners to hear what's going on and why, then ask questions! Hopefully we will see you there next year.

**Next Parish Council Meeting 11th July**

At 7.30pm at Wilby Coronation Hall, all are welcome to attend and have their say - we want to hear! A formal record of Parish Council business can be found on the village web-site <http://wilby.suffolk.cloud/> along with other information on the village and upcoming events. Councillors contact details are on the village web-site and may be contacted at any reasonable time by those in the Parish if they have concerns or comments to make.

## **Brundish Parish Council**

Anthony Bryant 01728 628600

Dina Bedwell, Clerk 01473 788510

### **Village Green**

The Village Green play area will be closed until further notice. A number of pieces of play equipment will need to be removed as they failed the annual inspection. The PC has agreed to seek lottery funding to replace some of the wooded play equipment. All Brundish residents will be able to take part in the planning of the new play area, online and at the village Fete.

This year we still hope to make a start on the third and final phase namely the fence around the village pond.

### **Village Fete**

The money raised from the village fete £ 370 (£740 total), together with a grant from Councillor Matthew Hicks and Mid Suffolk district Council, has enabled the Parish to buy a 4 x 8 metre marquee, for use at the Village Green, Village Hall and Church events.

A former resident has kindly given the parish a marquee similar to the one we use as the tea tent.

This year The Village Fete will be held on Sunday 15<sup>th</sup> July. **A planning meeting for the fete will be June 12<sup>th</sup>, Tuesday 7.00pm. Venue Village Hall, email Anthony Bryant to check the venue as it may change.**

### **Planning applications**

The planning application, to change the Brundish Crown from pub to a private dwelling has met with strong local opposition. The application went before the District council planning committee, but at the insistence of the Babergh Mid Suffolk planning department, the planning committee, under protest, agreed to defer the decision to June 6<sup>th</sup>. Please check this date as it could change.

### **Defibrillator training**

The first annual Defibrillator familiarisation course was held in April. 11 people attended. This was a very useful and informative evening; as a result, one issue has come to light. For any chance of success it will need more than one person at an incident, if the Defibrillator is to be used; one person on the telephone, to pass on instructions from the ambulance service, one to be administering CPR, another to collect the Defibrillator and help with CPR. The Parish council and local residents will need to find a solution. If anyone would like to attend another course please contact me.

**bryantanthonyp@hotmai.com**

**Next Parish Council meeting 17th July 7.45pm Village Hall.**

## **Report on Brundish and Wilby footpaths**

Good news on the footpaths is in respect of most signage now being up and replaced where it had tumbled down. For example, the sign towards the chicken farm is now on the opposite lane so less likely to be attacked by chicken lorries. Issues are still found on the paths near to the church and will probably need another visit by the County Council.

Other positive news is the replacement of the footbridges which now appear to meet higher levels of health and safety as there are handrails. The path across the field from Dark Lane is now marked out even though crops have been sown – the farmer has 'dyed' the part which is path.

There is a potential issue behind one property where the 'cricket bat' field has been sold off. The footpath sign is buried in foliage - it is the responsibility of the County Council to clear and I think we need to follow up on this

In terms of the path across from Brundish Street near the Kingdom Forge, it appears that this is still work in progress. I need to find out from the County Council Footpath Officer what is occurring as I understood there was a meeting last winter.

Overall, there does need to be a two way understanding with land owners following ploughing etc. There have been issues this winter which has prevented the sowing of certain crops and hence the marking out of the paths.

**Christine Smart Footpath Warden**

## **EVENTS IN THE BENEFICE**

### **Dennington**

#### **Badminton Club**

Every Monday. Please call 01728 683506 for more details

### **Dunwich**

#### **Concert at St James's Church**

On 3rd June at 3.30pm, there will be a Sunday afternoon concert of Baroque music in aid of the Suffolk Historic Church Trust. Given by the Wollaston Consort, with Julie Harmer on flute and Peter Clayton on harpsichord and organ. Followed by tea and cakes; retiring collection, no tickets needed.

### **Laxfield**

#### **Produce, Craft and Flea Market**

Held in All Saints' Church and the Royal Oak, the market will be on 2nd June and 7th July from 10.00am until 12.30pm. Please visit for local and Fairtrade food produce, arts and crafts, and plants for sale. For a pitch, please contact Catherine Cawood on 01986 798852.

### **Westleton**

#### **Concert at St Peter's Church**

On 7th July at 7.30pm, the Grange Ensemble led by Kenneth Sillito will be performing in aid of St. Peter's Church Building Fund. BRIDGE: 3 Novelletten (1904); BAERMANN: Adagio for Clarinet & Strings; BRITTEN: 3 Divertimenti (1935); BRAHMS: Clarinet Quintet in B minor Op 115. Tickets are £16 available from Westleton Village Stores or on the door (cheques payable to Westleton PCC).

### **Worlingworth**

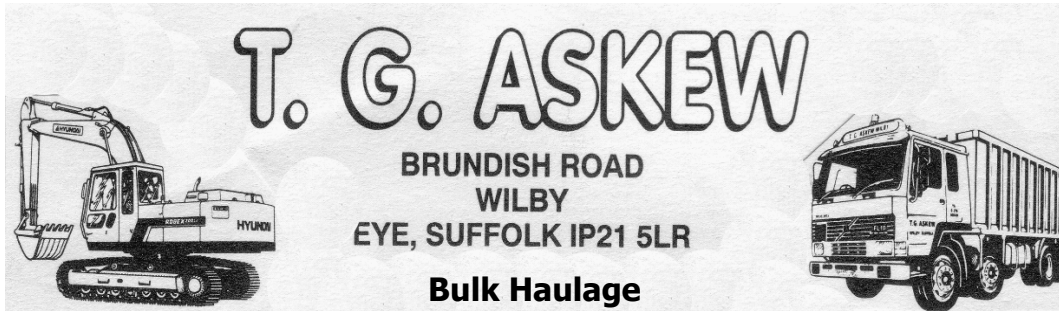
#### **Marie Lloyd Concert**

On 5th July at 7.30pm in the Community Centre, the very talented Rachel Duffield will be transformed into the popular music hall singer, Marie Lloyd. Tickets are £7.50 available from Val (01728 628068) or Shirley (01728 628710)

### **Parish Magazines**

Wilby	<a href="http://wilby.suffolk.cloud">wilby.suffolk.cloud</a>
Brundish	<a href="http://brundish.suffolk.net">brundish.suffolk.net</a>
Badingham	<a href="http://badingham.onesuffolk.net">badingham.onesuffolk.net</a>
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**YOU HAVE TRIED THE REST—NOW TRY THE BEST**

## **Framlingham Medical Practice Newsletter**

### **Dr Hopton Cycle India**

In November Dr Hopton is embarking on a 500 km cycle from Agra to Jaipur in 5 days. She is raising money for women v cancer (breast, cervical and ovarian cancers). If you would like to support her there are sponsorship forms at Reception or alternatively you can go to <https://www.justgiving.com/fundraising/susan.wright69>

We will be holding a stall of home- made produce and plants in Queens Head Alley in Framlingham on Saturday 19<sup>th</sup> May. All proceeds will go towards the charity.

### **Proposed Extension to Surgery**

We have had all the quotations in for the work to the extension and these have been re-submitted to NHS England and we wait to hear if we will be successful in securing a grant.

### **DNA Appointments**

It would be very helpful if patients could inform reception if they are unable to attend an appointment. In the last quarter (1<sup>st</sup> January – 31<sup>st</sup> March 2018) there were 306 missed appointments which equates to over 51 hours of wasted clinical time.

### **Social Prescribing Pilot (Community Connector Scheme)**

Framlingham and the area north of the town has been selected for a new project called "Community Connector" which is designed to help people living in rural areas who may feel isolated or who are vulnerable. The aim of the project is to help improve the health and wellbeing of individuals and which would therefore reduce some demand on GP practices. This project is being launched in the next few weeks and more information will follow in our next newsletter.

### **Travel Vaccinations**

Please remember to book in early if you are travelling overseas and require vaccinations for your trip. You will be required to complete the travel risk, assessment, available on our website, prior to your appointment. There is a link on our website to information about countries and vaccinations required. We advise you to contact the Embassies of all the countries you are visiting to ensure your medication is permitted.

### **Telephone Call Recording**

Call recording has been introduced for all incoming and outgoing calls. This will be a great assistance for monitoring the quality of calls and for training purposes.

### **Patient Participation Group**

Please contact Ann Wybar, Acting Practice Manager, if you would be interested in joining our Patient Participation Group (PPG).

The role of the PPG includes:

- being a critical friend to the practice;
- advising the practice on the patient perspective and providing insight into the responsiveness and quality of services;
  - encouraging patients to take greater responsibility for their own and their family's health;
  - carrying out research into the views of those who use the practice;
  - organising health promotion events and improving health literacy;
  - regular communication with the patient population.



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3 children: £5.00  
4 children: £5.50  
5 +: additional 50p per child  
Includes juice, a biscuit and  
piece of fruit, and tea or  
coffee for the adult

## CHURCH SERVICES JUNE 2018

### Sunday 3rd June Trinity 1

**1 Samuel 3:1-10; 2 Corinthians 4:5-12; Mark 2:23-3:6**

8.00am	<b>St. Lawrence Brundish, Holy Communion</b>	<b>D. Burrell</b>
9.30am	All Saints Laxfield, Morning Prayer	Lay Elders
9.30am	St Mary Worlingworth, Holy Communion	D. Burrell
11.00am	<b>St Mary Wilby, Holy Communion</b>	<b>D. Burrell</b>
11.00am	St Peter Monk Soham, Family Service	Lay Elders
6.30pm	<b>St Lawrence Brundish, Evensong</b>	<b>Lay Elders</b>

### Sunday 10th June Trinity 2

**1 Sam 8:4-11, 16-20; 2 Corinth 4:13-5:1; Mark 3:20-end**

9.30am	<b>St Lawrence Brundish, Village Worship</b>	<b>Lay Elders</b>
9.30am	<b>St Mary Wilby, Village Worship</b>	<b>R. Orams</b>
10.00am	St Nicholas Bedfield, Family Service	D Burrell
11.00am	All Saints Laxfield, Holy Communion	R. Orams
11.00am	St Peter Monk Soham, Morning Prayer	Lay Elders
11.00am	St Mary Worlingworth, Morning Prayer	Lay Elders
6.30pm	St Mary Cratfield, Evensong	D. Burrell

### Sunday 17th June Trinity 3

**1 Sam 15:34-16:13; 2 Corinth 5:6-10, 14-17; Mark 4:26-34**

8.00am	All Saints Laxfield, Holy Communion	R. Orams
9.30am	St Mary Cratfield, Village Worship	Lay Elders
11.00am	<b>St Mary Wilby, Holy Communion</b>	<b>D. Mulrenan</b>
11.00am	St Mary Worlingworth, Morning Prayer	Lay Elder
11.00am	St Peter Monk Soham, Holy Communion	D. Burrell
6.00pm	Hartismere House Laxfield	D. Burrell

### Sunday 24th June Trinity 4

**2 Kings 19.9b-11, 14-21, 31-36; Psalm 48:1-2, 8-end; Matt 7:6,12-14**

8.00am	St Mary, Cratfield, Holy Communion	D. Burrell
9.30am	<b>St Mary Wilby, Village Worship</b>	<b>Lay Elders</b>
9.30am	St Nicholas Bedfield, Holy Communion	R. Orams
9.30am	All Saints Laxfield, Family Service	D. Burrell
11.00am	<b>St Lawrence Brundish, Holy Communion</b>	<b>D. Burrell</b>
11.00am	St Peter Monk Soham, Morning Prayer	R. Orams
11.00am	Community Centre Worlingworth, Let's Celebrate	Lay Elders

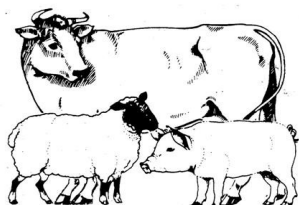
which format do you prefer? Let us know.

## CHURCH SERVICES JULY 2018

July 2018	1st Trinity 5	8th Trinity 6	15th Trinity 7	22nd Trinity 8	29th Trinity 9
	2 Sam 1: 1, 17-end	2 Sam 5:1-5, 9-10	2 Sam 6:1-5, 12b-19	Song of Sol 3:1-4	
	2 Corinthians 8:7-end	2 Corinth 12:2-10	Ephesians 1:3-14	2 Corinth 5:14-17	
	Mark 5:21-end	Mark 6:1-13	Mark 6:14-29	John 20:1-2, 11-18	

<b>St Nicholas Bedfield</b>		10am Family Service RA		9.30am Holy Communion RO	<b>Brundish 3pm Benefice Confirmati on and Licensing of lay elder with Bishop Martin</b>
<b>St Lawrence Brundish</b>	8am HC BCP DB 6.30pm Evensong DM	9.30am Village Worship LE		11am Holy Communion DB	
<b>St Mary Cratfield</b>		6.30pm Evensong DB	9.30am Holy Communion DB	8am Holy Communion DB	
<b>All Saints' Laxfield</b>	9.30am Morning Prayer LE	11am Holy Communion Baptism RO	8am HC DB 6pm Hartismere Hse DB	9.30am Family Service LE	
<b>St Peter Monk Soham</b>	11am Family Service RA	11am Morning Prayer DM	11am Holy Communion RA	11am Morning Prayer RA	
<b>St Ethelbert Tannington</b>	9.30am Holy Communion RO				
<b>St Mary Wilby</b>	11am Holy Communion RO	9.30am Village Worship LE	11am Morning Prayer DM	9.30am Village Worship LE	
<b>St Mary Worlingworth</b>		11am Holy Communion DB	11am Let's Celebrate Baptism DB	11am Morning Prayer LE	

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**email: [admin@brundishtrainingcentre.co.uk](mailto:admin@brundishtrainingcentre.co.uk)**

**iPad  
and  
Android sessions**

## **Brundish Training Centre**

The training centre is on it's summer break. Please book in advance for all courses on 01728 627174 and leave a message or email [davidholliday@suffolkonline.net](mailto:davidholliday@suffolkonline.net)

### **Tuesday**

Computer Club	10:00-12:00
Computer Club Fortnightly	13:00-15:00

### **Wednesday**

Computer Club	10:00-12:00
---------------	-------------

### **Thursday**

iPad Improvers	10:30-12:30 &
Workshop (3rd Thursday)	13:30-15:30

**Computer Clubs** run on Monday and Tuesdays at **Aldeburgh and Southwold**

**iPad Improvers Workshops at Aldeburgh** 2nd Thursday each month

# WILBY CEVC PRIMARY SCHOOL NEWS

## **Sporting success**

In May our gymnasts competed in the Key Steps Gymnastics County Competition and won themselves a well deserved Bronze and Silver Medals. Our swimmers enjoyed high levels of success in the Inter School's Swimming Competition securing the silver medal out of 14 participating primary schools.

## **A right Royal Party**

On Friday 18th May Pupils enjoyed a wonderful Street/Playground party to celebrate the wedding of Meghan Markle and Prince Harry. The weather was kind, the food was delicious and we had a fantastic time! In addition to this the pupils entered into the spirit of the Royal Wedding by designing and creating their own brilliant Royal Wedding cupcakes. These were then sold after school to raise funds for our link school in Mogonjet, Kenya. Sales raised over £80 which will help towards funds for the school's new water tank. So far this year Wilby school has raised over £190 for Mogonjet Primary School through events (such as the Easter Egg Hunt) organised by our school council members. The Royal Wedding cupcakes were entered in to a competition in school and then on Saturday 19th photographs of the cakes were then displayed in Wilby Village Hall. Residents of the village got to select their favourite cakes too. All of the entries were brilliant and we thank all of our pupils and parents/carers for their hard work and creative skills in making this such a successful event.

## **Summer term events**

There's lots going on at Wilby during June and July. Please do come and join us!

**Music for a Summer's Evening — July 21st 6.30pm.** Join us for a glass of wine or light refreshment, enjoy the music our own wonderfully talented pupils (singers and instrumentalists) and also a host of professional musicians including: Matt and Kelly Bayfield (singer songwriters; Petra Gerrard (singer) and David Booth guitarist and drummer. This wonderful annual event is being organised this year to raise money for the Brain Tumor Charity.

**Wilby School Summer Fair — 30th June 11.30am-2.00pm.** Fun for everyone aged 0 to 90! Stalls, BBQ, Bar, Gymnastics Display, Musical entertainment and much, much more!

**Water Awareness Week — Week beginning 9th July.** The children will be engaged in a whole variety of activities to help promote understanding of global water issues.



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For more information  
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visit [www.wilbyprimary.org.uk](http://www.wilbyprimary.org.uk)

Wilby CEVC Primary School,  
Brundish Road, Wilby,  
Suffolk, IP21 5LR





## Wilby (& Brundish) Women's Institute

WI is mainly about getting the girls together, making new friends, having a good chat and widening our knowledge on a variety topics.

We are a fun and friendly group - No Jam or Jerusalem!

We welcome new members of all ages.

We meet every Third Thursday of the Month, 7.30pm – Wilby Coronation Hall

Full programme details <http://sefwi.org.uk/institutes/wilby>

More information contact Fiona Patrick - 01379 388458

*If you would like to go, but need a lift we can arrange transport.*

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Friday 9am-6pm

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## Recipe Page

Gammon steak with honey and mustard sauce for one.

6/8 oz gammon steak  
1 tbs runny honey  
2 tspns Dijon mustard  
1 tspn English mustard  
1/2 oz butter  
Black pepper

To prevent gammon steak from curling snip the fat at 1 inch intervals. Combine all the ingredients, except the butter, together in a bowl.

In a small roasting dish put the butter and melt under the grill. Take out and pour the honey mustard mix Stir into the butter.

Next take the gammon drag through the sauce and lay it sauced side up. Cook for 5 minutes on each side under the grill.

Serve with mashed potato and petit pois.....delicious

**If you would like to take over this page please contact us.**





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## Sudoku

Each grid is made up of 9 columns by 9 rows. The grid is then divided into 9 boxes. Each of these boxes must have the number 1 to 9 placed in them and each row and column must also have the numbers 1 to 9 in them.

	2			8		5		
8	3							
			5		7		9	
		6		4	1			
2			6					
		1	2				7	9
7							4	8
		8			4	9		3
					9	7	5	

## IMPORTANT INFORMATION

**Wilby Defibrillator Emergency number 01379844704**

**Location; Wilby Phone Box in front of school**

**A volunteer has been trained to help you.**

**Brundish Defibrillator Emergency number 01728628696 or Phone 999 and ask for the ambulance service who will give you the code to the Phone Box.**

**Location; Phone Box opposite the pub, 'The Crown'.**

Inside the phone box there is a bag with instructions on how to use the equipment. There is also a recording of instructions.

Please be reassured that using the Defibrillator cannot harm anyone as it will only work if the patient is actually having a heart attack.

**Framlingham Medical Practice GP+ Appointments now available at Wickham Market 6.30pm to 9.00pm Weekdays & 9.00am to 1.00pm Saturdays**

Suffolk GP+ is for people who urgently need a doctor's appointment or are unable to see their GP on a weekday, Saturday morning or during normal GP hours

THIS IS NOT A WALK IN SERVICE

### **Connecting Communities**

**Mid Suffolk 01449614271 Mon-Fri 9.00am-4.00pm**

When you need to make a journey and there is no public transport available to you locally, we'll collect you and connect you to an appropriate bus route or train link for onward travel so you can reach your destination quickly and easily.

If you would like to volunteer to help as a driver please contact the above number.

## JPF TREE SERVICES

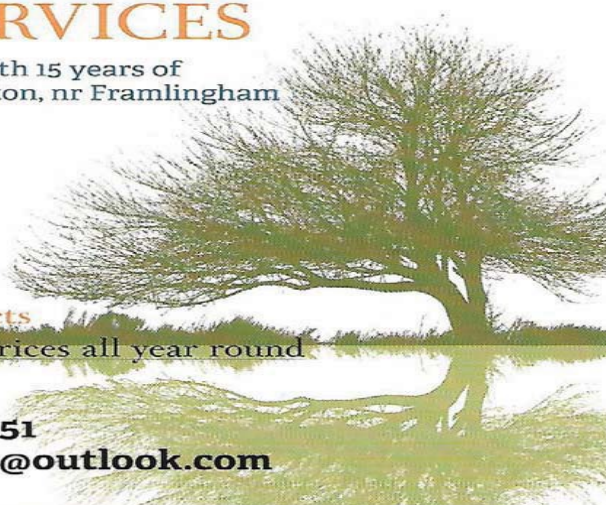
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<p>Lovely purpose-built room within Occold Village Hall and, with our own secure, all-weather outside play area</p>	<p><b>We focus on fun and learning in a relaxed environment and, follow the EYFS curriculum</b></p>
<p><b>We are rated 'OUTSTANDING'</b></p>	<p><b>'After-school Club'</b> Until 4.30pm</p>
<p>Please call us on 01379 678397 or email <u><a href="mailto:Occoldpreschool@aol.com">Occoldpreschool@aol.com</a></u> or <u><a href="mailto:preschool.treasurer@occold.com">preschool.treasurer@occold.com</a></u> to find out more, or to arrange a visit - we'd love to hear from you!</p> <p>Visit our website at - <u><a href="http://www.occoldpreschool.onesuffolk.net">www.occoldpreschool.onesuffolk.net</a></u></p> <p>Registered charity number: 1034160</p> <p>A member of the Preschool Learning Alliance</p>	



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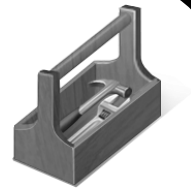
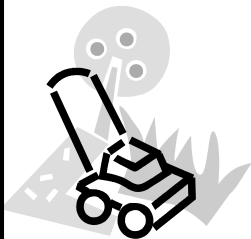
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# **VILLAGE HALL NEW**

## **Wilby Coronation Hall**

### **Pond Rejuvenation Project**

As many of you will have noticed, phase 1 of our project is completed with the newly erected covered seating shelter outside the hall. Due to the inclement weather of late, phase 2 (pond clearance & landscaping) is delayed. We look forward commencing soon. If anyone is interested we do have marginal/wetland plants for sale surplus to our requirements, so please get in touch.

### **Race Night Feedback**

Our thanks go out to all of our race sponsors, horse buyers and those that attended. We had an enjoyable evening and raised £840.86 for the charity.

### **Wild Willy Barrett**

Once again this wonderful band entertained and enthralled their audience with their unique musical style and talents. We look forward to seeing Willy again in November (2nd), alongside the one and only John Otway, one definitely not to be missed!

### **Royal Wedding Screening & Afternoon Tea**

Our thanks go out to everyone who contributed to the success of this truly community event, on the day we raised £171.29 which we have donated to the Invictus Games Foundation. A truly wonderful event attended by some 60 people, which will live long in the memory of those that attended. The local school children made 'wedding' themed cup cakes which attendees voted for and a commemorative sixpence was awarded to the 'peoples choice'.

### **Wilby's Got Wheels**

13th June sees the OVO Energy Women's Cycling Tour 2018 pass through Wilby, to celebrate we have organised a bicycle decoration competition. All bicycles entered will be chained to the Church railings so the women see them as they pass by. The entrants will be judged by Julie Flatman and prizes awarded. Anyone interested in entering should get in touch.

### **Lyrical Juke Box. 30th June**

Playing music from the 50s to the 80s. A real mid-summer music fest for you to sing along to, there's certainly something from everyone! For tickets, please email [alisonandian5@btinternet.com](mailto:alisonandian5@btinternet.com) or call 01379 388112.

### **Free WI-FI and Website**

Free Wi-Fi is available to anyone visiting or using the hall for an event. The Coronation Hall now has its own website, please Google for latest events.

## **Brundish Village Hall**

### **Hiring the Village Hall.**

Hire of the village hall contact David Holliday, 07765 345541. Hiring costs can be found at [brundish.suffolk.cloud](http://brundish.suffolk.cloud).

### **Brundish Baristas. Thursdays 7th June and 5th July 10.00am**

Please come and join us in Brundish Village Hall for Coffee / Bacon Butties and cakes. Please don't worry if you don't know anyone it will be really good to see you and introduce you to others.

### **Village Fete meeting 12th June 7.00pm**

Please come along and volunteer your time and ideas to make this years fete a really memorable one. Everyone welcome.

### **French for Beginners and Intermediate learners Wednesday**

10.30am-12.30pm     Intermediate  
1.30pm-3.30pm        Beginners

**If you are interested please call: Coastal Leisure Learning on 01728 833171 9.00am-1.00pm.**

### **ZUMBA**

Classes are every Tuesday during school term time. 6:00pm-7:00pm. Please contact Eileen Torosian-Tinney, text or telephone 0781 385 4255 or email [zumba-eileen@hotmail.co.uk](mailto:zumba-eileen@hotmail.co.uk).

### **Footpath Warden Christine Smart**

Contact Christine ([christinemsart@aol.com](mailto:christinemsart@aol.com) 01728627838) if you have any questions, concerns or information and she will help you.

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**Website; [www.foalsgrange.co.uk](http://www.foalsgrange.co.uk)**

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**email: [johnspurling83@gmail.com](mailto:johnspurling83@gmail.com)**

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## JUNE AND JULY DATES

Brundish Baristas	7 June, 10.00	Brundish Village Hall
Mobile Library	5 June, 11.20	Crown Corner, Brundish
Tea at the Rectory	7 June, 15.00	The Rectory, Laxfield
Women's Cycle Tour	13 June	Wilby
Brundish Fete meeting	12 June 19.00	Brundish Village Hall
Wilby Pub Night	15 June, 19.30	Coronation Hall, Wilby
Il Tenore and Forrest	23 June, 19.00	St. Lawrence, Brundish
Lyrical Jukebox	30 June, 19.00	Coronation Hall, Wilby
Choral Evensong	1 July, 18.30	St Lawrence, Brundish
Mobile Library	3 July, 11.20	Crown Corner, Brundish
Brundish Baristas	5 July, 10.00	Brundish Village Hall
Tea at the Rectory	5 July, 15.00	The Rectory, Laxfield
Wilby Parish Council	11 July, 19.30	Coronation Hall, Wilby
Brundish Village Fete	15 July, 12.00	Brundish Village Green
Brundish Parish Council	17 July, 19.45	Brundish Village Hall
Wilby Pub Night	20 July, 19.30	Coronation Hall, Wilby
Ceilidh	21 July, 19.30	Coronation Hall, Wilby
Benefice Communion	29 July, 15.00	St Lawrence, Brundish
Mobile Library	31 July, 11.20	Crown Corner, Brundish

### **Suffolk Library Mobile Service at Brundish Crown Corner Tuesday 11.20am every four weeks**

**2018:** 5 June, 3 July, 31 July, 28 August, 25 September, 23 October, 20 November, 18 December

Contact: Helen Hudson and Peter Fiske

Email: [help@suffolklibraries.co.uk](mailto:help@suffolklibraries.co.uk) Telephone 01473 351249

### **Wilby (and Brundish) Women's Institute. Coronation Hall. 3rd Thursday of each month 7:00 for 7:30pm**

### **Waveney Food bank-Please can you help?**

Waveney Food bank provides emergency food and support to local people in crisis. Its warehouse is just outside Eye, there is a collection point in Laxfield At the Co-op next to the pub. Visit the website for more details [www.waveney.foodbank.org.uk](http://www.waveney.foodbank.org.uk)